

RISK MANAGEMENT AND INSURANCE



BENEFIT NEWS

2022 Annual Enrollment - Save the Date October 13 - October 25, 2021

Employees may enroll, change, or cancel coverages. All benefit-eligible employees will receive the Annual Enrollment Decision Guide, mailed to your home prior to Annual Enrollment.

You are encouraged to register and attend a virtual Benefit Education Meeting that will help you review your enrollment options to ensure your health insurance selection meets your needs and your budget.

Attend a Live Zoom Benefits Education Meeting - Make Your Reservation Today



Wednesday, October 13 11:30 a.m. Registration



Tuesday, October 19 8:00 a.m. Registration



Thursday, October 14 4:30 p.m. <u>Registration</u>



Thursday, October 21 5:00 p.m. <u>Registration</u>

WELLNESS NEWS

NEW PCS Employee COVID-19 Testing Sites & Times

Rapid results COVID-19 testing is available for PCS employees at four locations. Dates, times, and locations have changed due to demands.

FREE COVID-19 Rapid Testing Locations

Know Before You Go

The Y Diabetes Prevention Program

PCS has partnered with the Y to provide a Diabetes Prevention Program for employees who qualify. Join this program to lose weight, gain health and reduce your risk for diabetes! Below is a flyer with information about qualifying and how to register. The Y's Diabetes Prevention Program

October is Breast Cancer Awareness Month!

1 in 7 women will be diagnosed in their lifetime. Routine screenings, including annual mammograms and monthly self-checks are vital to detect breast cancer early! When detected early, it is often more effective to treat.

- Breast Cancer Challenge: Decorate Your Space! During the month of October, all
 District employees who decorate their space (desk, cubicle, door, etc.) with pink
 decorations to help raise awareness of breast cancer will be entered into a prize
 drawing. Please email pictures of your decorated space to beanc@pcsb.org by
 October 22, 2021 to be entered.
- Pinellas Goes Pink Thursday, October 21 Mark your calendars to wear pink on October 21 to help raise awareness for breast cancer and the importance of routine screenings.

Employee Assistance Program - Upcoming RFL Webinars for October

Resources for Living (RFL) provides webinars on a monthly basis to help employees be less stressed. Attached is a flyer announcing the four new webinars for October which will cover the following: Ups & Downs of Long Term Relationships, How to Disagree & Stay Friends, Overcoming the Fear of Commitment, and The Power of Personality. To register, log in to your PCSB member website at www.resourcesforliving.com, Username: pcsb Password: eap.

Remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.

EMPLOYEE DISCOUNTS

<u>Pinellas County Schools Main Discount Page</u>

- <u>PerkSpot</u>: travel discounts, tickets & entertainment, local offers and so much more.
 Company code: PCSB
- <u>Tickets at Work</u>: exclusive discounts, special offers and much more. Company code: PCS
- Dell Semi-Annual Sale
- Amalie Arena & Yuengling Center Events